

## FINDING YOUR BEST PANTY SIZE WITH JUST 2 EASY STEPS!

Place a tape measure at the fullest curve of your hips. Tape measure should be snug, not tight.

2 FIND YOUR BEST PANTY SIZE

If you're between sizes, go up a size
for the most comfortable fit.



Size/Talla	5/S	6/M	7/L	8/XL	9/2X	10/3X
Dress/Pant Size	4-6	8-10	12-14	14-16	16-18	18-20
Hips (Inches) Hips (cm)	36-37" 92-94 cm	38-39" 97-99 cm	40-41" 102-104 cm	42-43" 107-109 cm	44-45" 112-114 cm	46-47" 117-119 cm



## FINDING YOUR BEST PANTY SIZE WITH JUST 2 EASY STEPS!

MEASURE YOUR HIPS

Place a tape measure at the fullest curve of your hips. Tape measure should be snug, not tight.

2 FIND YOUR BEST PANTY SIZE

If you're between sizes, go up a size
for the most comfortable fit.



Size/Talla	6/7	8-9	10/11
Dress/Pant Size	8-14	14-18	18-22
Hips (Inches) Hips (cm)	38-41" 97-104 cm	42-45" 107-114 cm	46-49" 117-124 cm